



**SISTERON
BUËCH** BARONNIES
PROVENÇALES
OFFICE DE TOURISME



PARIS-NICE 2024 SISTERON March 7 & 8



©ASO/Alex BROADWAY - ASO Archives - Paris-Nice2018 - 2018/03/09 - Stage 6 - Sisteron / Vence (198 km)

PRESS KIT

The happiness of cyclists and cycle tourists is in Sisteron Buëch!

For the 9th time

SISTERON – PARIS-NICE STAGE CITY 2024

Thursday March 7:

Arrival in Sisteron of stage 5 from Saint-Sauveur-de-Montagut (Ardèche) via the Jabron valley after 193.5 km.

Friday March 8:

Departure from Sisteron of stage 6 The peloton sets off from the town center of Sisteron, crosses the Pont de la Baume to head towards La-Colle-sur-Loup the penultimate stage of this edition but also the longest of the event with 198.2 km.

"A summary of the Tour de France in eight days" Christian Prudhomme



Sisteron Buëch : a paradise for cyclists

Sisteron Buëch, located between Provence and Dauphiné, offers vast protected natural areas located in the heart of the Baronnies Provençales Regional Natural Park and the UNESCO Geopark of Haute-Provence.

The small roads located between Provence and the mountains are ideal for cycling enthusiasts. Between Mont Ventoux and the great passes of the Hautes-Alpes, a mosaic of wild valleys, winding gorges, passes with Provençal scents : Carabès, Pommerol-La Fromagère, Soubeyrand, Perty, Saint Jean and Chabre, presents a widevariety of circuits and beautiful landscapes.

Shared routes, reserved passes, family loops: our bike routes will satisfy beginners and more experienced cyclists, with fabulous routes like the Route Napoléon, the P'tites Routes du Soleil® or the Routes de la Lavande.

Discover a mosaic of wild valleys, winding gorges,
passes with Provençal scents to discover, that worth the pedal stroke !

37 ROUTES ARE ACCESSIBLE ON YOUR COMPUTER OR MOBILE



Our favorites

The routes along the most emblematic landscapes of Sisteron Buëch: Gorges de la Méouge, mountain of Lure, Route du Temps within the UNESCO Geopark of Haute-Provence, Col des Tourettes with passages in the heart of preserved natural spaces and discovery of the Baronnies Provençales Regional Natural Park

WHEN ROAMING, GO THROUGH SISTERON BUËCH!

THE DURANCE BY CYCLING: A ROUTE ALONG THE WATER

The Durance by bike is an invitation to travel the cycle route (V862) along the Durance valley, between Briançon (Hautes-Alpes) and Avignon (Vaucluse), over a distance of 438 km. Nine stages make up this route traced across four departments of the Southern Region.

Stage 5 from Tallard leads to Sisteron along the canal and the orchards which extend on the hillsides at the foot of the hilltop villages leaving the Hautes-Alpes to enter Provence at Sisteron between its lofty citadel and its famous Rocher de la Baume with vertical folds.

<https://laduranceavelo.fr/>



LES P'TITES ROUTES DU SOLEIL®

Between Lake Geneva and the Mediterranean, an escape of more than 900 km on pretty small roads with little traffic... From Thonon-les-Bains to Nice, this itinerary crosses the entire Sisteron Buëch from Rosans to the pass of Fontbelle! An off-the-beaten-track route between wild valleys and accessible mountains which can be softened with e-bike with numerous charging points along the route.

<https://www.routedesgrandesalpes.com/itineraire/p-tites-routes-du-soleil>



Between orchards and lavender, passes and gorges, perched and medieval villages... the landscapes of Sisteron Buëch are varied, and its small, little-used roads are a true paradise for cycling with or without electric assistance!





MYTHICAL SPOTS NEARBY

MONT VENTOUX

You have to be strong enough to tackle it! Departing from Laragne-Montéglin, along the turquoise waters of the Gorges de la Méouge, we reach the beautiful village of Montbrun-les-Bains, then Sault and its lavender fields before beginning the ascent of the legendary Mont Ventoux! 170 km of pleasure with its 2790 m of altitude difference, reserved for experts!

THE MOUNTAIN OF LURE

A rise in the wheel of champions. Much less frequented than Ventoux, the Montagne de Lure nonetheless remains a good workout for those who want to try it out. Departing from Sisteron, ascent towards Valbelle and return via Saint-Etienne-les-Orgues 84.5 km and 1530 m elevation gain.



Accueil Vélo
(Cyclists Welcome)

Accueil Vélo is a national brand that guarantees a welcome and quality services along cycle routes for roaming cyclists. Implemented under the aegis of France Vélo Tourisme by local tourist organizations, it provides the best welcome to cyclists throughout France. Indeed, establishments labeled Accueil Vélo undertake to provide the necessary equipment for the maintenance and repair of bicycles, a technical room, targeted documentation, etc.

Download the guide produced by the Tourist Office: Freewheeling adventure in Sisteron Buëch.



The Sisteronais-Buëch is labeled "Espace cycloport" by the French Cycling Federation and meets reception criteria for road bikers.

MANY ITINERARIES TO DISCOVER SISTERON BUËCH!



Gorges de la Méouge by bike

■ Moyen ⌚ 4h <> 83,7km 📈 +1109m

Ribiers will be the starting point of this circuit. Take the D 948 north to Plan / Antonaves. From there, it is possible to reach Laragne-Montéglin, proud of its old 17th century stately castle built by Gaspar de Perrinet. Get water from its very pretty fountain on the central square and browse its weekly market (Thursday morning).

The ascending passage through the Gorges de la Méouge allows you to reach Barret-sur-Méouge, at the gates of the Drôme Provençale. Lachau is the first village crossed on the Lavender Routes. The route leaves Méouge for the Jabron valley. The valley is still quite wild and is characterized by small successive reliefs.

The circuit passes through several rural villages (les Omergues, Montfroc, Curel...) then arrives in Saint-Vincent, at the foot of the proud Montagne de Lure, a superb rocky bar which dominates the area.

Continue along the banks of the Jabron to Sisteron and continue along the Buëch Valley to the north to reach Ribiers.



THE LAVENDER ROUTE BY BIKE

■ Difficile ⌚ 1j <> 95km 📈 +2242m 📉 -2245m
🔄 Boucle 🚲 Cyclo



From Rosans, join the D 994 below the village, head towards Verclause and the Eygues gorges.

Arriving at La Combe, turn left and begin climbing the Col de Soubeyrand for 8 km (constant slope greater than 6% with passages greater than 9%).

Continue towards Bellecombe-Tarendol then Saint-Sauveur Gouvernet. Pass the Col de Peyruergue 6 km further.

At the intersection, take the D 546 for 1.5 km then the D 65, towards Moulin de Montguers.

From Ruissas, continue the ascent of the Col de Perty via a road with hairpins for 9 km.

From the Col de Perty, go down for 8 km. Turn left, before the village of Laborel and head towards Villebois-les-Pins via the Pierre Vesce pass (D 65b).

At Villebois-les-Pins, continue left and pass the Col du Rey chasset (1052 m).

Then join Chauvac. At the exit of the village, take the D 116 to Moulin de Mange-Fève.

Return to Rosans via the Aubagerie.



New !

The turnkey stay 100% freedom cycling getaway

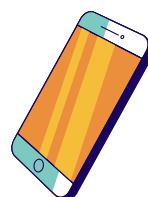
Two unforgettable days in the heart of unique nature, with preserved and wild routes under the bright Provençal sun... Between small roads and large passes, wild valleys and perched villages, cyclists enjoy grandiose landscapes.

A center-based tour around Sisteron, to discover the pearls of the territory: between the Baronnies Provençales Regional Natural Park and the UNESCO Geopark of Haute-Provence, numerous loops await you. Whether you are very sporty or more of a Sunday stroll, the itineraries offered adapt to your desires with 3 bike loops departing from Sisteron: easy, medium or difficult level, the stay is adjusted according to your choice.

From €297 for 2 people: 3 days/2 nights – Accommodation in a 2* hotel, 2 nights + breakfasts and 1 dinner on one of the evenings. GPX tracks and roadbook provided. Bicycle garage.
More information: + 33 4 92 61 12 03 vente@sisteron-buech.fr



A break to discover the heritage of Sisteron in a different way



This application allows lovers of Sisteron and Provence to travel through several eras and discover the city in an interactive and immersive way.

By aiming at different places with your camera using the application, you will access new or fun content which will enrich your visit to the city: a 360° experience in augmented reality, educational and recreational multimedia content.

A journey through the historic center punctuated with enriching content on the Cathedral, the old fortifications with 3D reconstruction, the peasant districts, the Place de l'Horloge, the Porte du Dauphiné...



The new Sisteron Buëch virtual discovery application to download for free on tablet or smartphone

Available in French and in English

2024 AGENDA OF CYCLING EVENTS IN SISTERON BUËCH

Thursday March 7 and Friday March 8

Paris-Nice: stopover in Sisteron

Sunday March 17

15th Cyclist Grand Prix of the city of Sisteron

Sunday April 14

2nd edition of **Lavandine** in La Motte du Caire

2 routes: 115 km, elevation + 1681 m and 85 km elevation + 1392 m

Saturday May 4 and Sunday May 5

33rd Grand Prix des Mutuelles de France Alpes du Sud

"Sisteronais-Buëch Country" in Sisteron

The only amateur stage cycling race in the department, which brings together teams from all over France.

Saturday May 11

Olympic Games the "Terre de Jeux" 2024 label: **passage of the Olympic Flame in Sisteron**.

Saturday June 15 and Sunday June 16

Week-end cycliste du Laragnais in Laragne-Monteglin

Saturday, individual time trial Sunday, 2 races: U15 boys and girls and U17 boys and girls.

Sunday July 21

The **défi des 8 grimpées du Céans** to Orpierre An untimed cycling concentration, open to all. Everyone has their own challenge of 1 to 8 climbs for a total of 89km and 2350m D+.

Sunday October 13

Cyclocross du Poët

Sunday October 20

Sacrée Méouge, la Méouge sans moteur !

The gorge road is closed to motorized vehicles and leaves room for visitors on foot, by bike, on rollerblades, in strollers...



The "Reserved Passes" operation in Sisteron Buëch

It allows cyclists to ride for free and in complete safety: the roads are closed to motorized vehicle traffic.

Tuesday July 30: Montée de Chabre

Tuesday August 6: Col de Pommerol



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Wednesday July 17

THE TOUR DE FRANCE

crosses the west of the territory passing through Rosans and Serres during the 17th stage Saint-Paul-Trois-Châteaux – Superdévoluy



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@sisteronbuech

Contact presse

Caroline Pigeaud +33 4 92 67 00 67 presse@sisteron-buech.fr

www.sisteron-buech.fr